## Overview of the Aging Network and Family of Senior Transportation Services

Mary Brugger Murphy Program Manager National Association of Area Agencies on Aging and

National Center on Senior Transportation



The National Center on Senior Transportation (NCST)

A partnership of the National Association of Area Agencies on Aging (n4a) and Easter Seals.





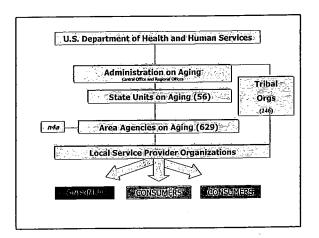
## Overview of the Aging Network

AoA = Administration on Aging

OAA = Older Americans Act

SUA = State Unit on Aging

AAA = Area Agency on Aging



## Older Americans Act Title I National Policy Statement

#### To Assure Older Americans:

- · An adequate income
- · Best possible physical and mental health
- Suitable housing
- Comprehensive long term care services
- · Employment opportunities
- · Retirement in health, honor and dignity
- · Civic, cultural, educational and recreational opportunities
- Continuum of care for vulnerable elderly
- · Benefits from research
- · Participation in planning and protection from abuse.

## Older Americans Act Key Provisions

- · Title I Objectives
- Title II Administration on Aging
- Title III Grants for State & Community Programs
  - · A. Administration
  - B. Supportive Services (may include transportation) & Senior Centers
  - C.1. Congregate Nutrition Services
    - 2. Home Delivered Nutrition Services
  - · D. Disease Prevention & Health Promotion
  - · E. National Family Caregiver Support Program

## Older Americans Act Key Provisions

- Title IV Training, Research and Discretionary Projects
- Title V Senior Community Service Employment
- Title VI Grants for Native Americans
- · Title VII -- Elder Rights Protection

National Association of Area Agencies on Aging

## 2008 Aging Network Survey

Advancing Access for Home and Community-Based Services

## **AAA Survey Results**

Scripps Gerontology Center

June 2009

## Services Offered

- Core AAA services include information and referral assistance, legal assistance, transportation, meal services (both congregate and home-delivered), as well as family caregiver support services.
- The majority of AAAs also provide a number of other services that enhance older adults' ability to age in place including case management (83.7%), homemaker services (84.7%) and personal care (77.1%).

## Services Offered

- About two-thirds of all AAAs offer support for long-term care planning.
- Since the passage of the 2006 amendments to the OAA, AAAs have also enhanced and expanded their operations to provide a broad array of services and supports that promote seamless access to information, evidence-based health promotion and disease-prevention, nursing home diversion and consumer-directed care.

## Other services offered

- Respite
- · Medication management
- · Outreach
- Assessment for care planning
- · Benefits counseling
- Ombudsman

## Other Services Offered

- · Senior housing
- · Telephone reassurance
- · Volunteer services
- · Elder abuse prevention
- Financial assistance
- SHIPs
- · Senior Medicare Patrol

#### **FIdercare Locator**

#### Public service of AoA

- One phone call = instant connection to resources
- -800.677.1116 or
- www.eldercare.gov
- More information: www.n4a.org

# The Family of Senior Transportation Services



Public Transil/Fixed Roule
Paratransil
Door-to-Door, Door-through-Door
Volunteer Services
Taxl Service
Transportation Vouchers
Mobility Management
Travel Training
Older Driver Safety
Transillons
Planning and Coordination

## Senior Transportation Services

#### **Public Transit/Fixed Route**

Public transit agencies provide bus and rail services along established routes with set schedules and no reservations required.

## Paratransit

A required complement to public transit, paratransit providers use smaller vehicles to provide accessible service for those with disabilities, often curb to curb.

## Senior Transportation Services

#### Door-to-Door, Door-through-Door

A more personalized service transports the rider from the door to the door and door-through-door offers physical assistance and support, beyond transit.

## **Volunteer Services**

Local faith-based and nonprofit organizations frequently have a cadre of volunteer drivers willing to provide rides for shopping, appointments and even socialization. Reservations are necessary.

## Senior Transportation Services

#### Taxi Service

This personalized, individualized service is initiated with a phone call, in advance or on the spot. Many taxi providers have wheelchair-accessible vehicles.

#### **Transportation Vouchers**

Vouchers offer fare assistance to enable qualified individuals to purchase individualized service, sometimes using taxis. Applications required.

## Senior Transportation Services

## **Mobility Management**

Mobility managers know the community-wide transportation service network and can guide users through available services and resources to choose the best options.

#### **Travel Training**

Public transit agencies and others provide free, hands-on instruction on how to use public transit safely and independently.

## Senior Transportation Services

Older Driver Safety
Assessment, evaluation, training and accommodations to help older adults stay safely on the road as long as possible.

Help in finding appropriate alternatives to the automobile when driving is no longer safe.

Planning and Coordination
Central to the role of the Area Agency on Aging in its advocacy for services for older adults.

## For more information

## Mary Brugger Murphy

Program Manager n4a 202.872.0888

mbruggermurphy@n4a.org

www.seniortransportation.net



National Center on Senior Transportation